

# Trinda Latherow, Author of Pieces of the Puzzle book Series Interview with Enoch Tan on Wed, 18 Apr 2007

*Trinda* <info@ucws.org> wrote:

Enoch:

Thank you, it was a real pleasure speaking with you today.

It is a little difficult by phone I know, so I have included the questions asked below in order that you may elaborate further.

I will also reference your website in the work. If you have any other comments, please do not hesitate to include.

Thank you again, Enoch, and all the best to you.

I will send a package out to you today.

Continued success,

Trinda

## Questions:

**Enoch, could you please tell us how you became interested in such integrated mind sciences as Psychology, Neuroscience, Hypnosis, Metaphysics, and Parapsychology.**

I have always been interested in the workings of the mind since I was a student. I found myself reading books on psychology. I started to realize that there were many subjects that deal with understanding the mind but each of these subjects only contained a particular perspective about it.

I decided to integrate all these knowledge and information from different places together to create a holistic and integrated perspective of understanding the mind. That was when I formed my vision of starting a website that helps others to learn about the mind sciences from an integrated perspective.

I found out that the more I delve into the concept of the mind, the more I found myself learning about reality as well. Because the mind and reality are inseparably connected. When you deal with one, you deal with the other.

**Currently, you are an Internet Entrepreneur, and your website is [www.mindreality.com](http://www.mindreality.com), correct? Can you tell us what its purpose and goals are?**

Yes. The purpose of my website is to revolutionize the world's understanding about the mind and reality, because that is what governs every area of life, destiny and the universe. It is a place to empower people to higher levels of living and experiencing life.

Mind Reality contains the secrets of consciousness and the universe. It is a place where people can find answers to many of life's biggest questions. Anyone who enters it will never leave it the same person they were again. It will radically change their perspective about reality and worldview to a much better one.

Whether it is wealth, relationship or health, everything that a person seeks can be found in knowing how to work with consciousness and the universal laws of reality. The goal of Mind Reality is to cause such a radically shift in the lives of people and the overall consciousness of the universe, so that everyone will experience a much brighter future than we could ever imagine was possible.

**How has pursuing those things that *you* are passionate about affected your health, wealth, and spirituality? As you know, this book is call *Our Reality* and it's premise is that you can create a reality of choice, make it better by focusing your attention to an intention.**

Oh definitely, my life has radically improved in leaps and bounds ever since I started pursuing my purpose in life. Right now, you can say I am living my calling, or the work that I came here to do.

I found out that in life, one must have a vision, and that vision comes from knowing what your passion is. Your passion is your heart's desire which is actually the gifts and possibilities that the universe is seeking expression through you.

Your fullest potential will only be unleashed when you start walking the path you were meant to walk, by following your heart's desire. Because that is where the path for your greatest spiritual growth and personal development is found.

Ever since I gave myself over to learning all I could about the mind and reality, and being a teacher in these areas, my self esteem, ability to relate with others, energy and zest for life, feeling of fulfillment, relationship with money and connection with God has totally increased to new levels that I've never had from doing anything else.

It's like what others took 10 years to learn and discover, I took only a period of several months to do so. It was all because I was doing what I was guided to do. I didn't do things the way society has been conditioned to do. I did it my way. You can only truly achieve what you desire by doing it your way because that is the special path that the universe has create you to take.

Of course sometimes when pursuing your calling, you may not see any results financially for a period of time. You may start to wonder if you're on the right path because it doesn't seem to be working. It took me six months of no results before I finally started to see the money coming in, and then it started to increase more and more from there on.

Truth of the matter is, there were times when I felt like giving up and switching to an alternative way of making money. But I knew my heart wasn't in those things and therefore I couldn't bring myself to do it. I found myself continuing to do the things I already enjoy simply because that was all I wanted to do. As long as you're staying on purpose instead of outcome, you're on the right path that the universe wants you to take.

**Could you for our readers' benefit, talk a little bit about your understanding of consciousness, its relationship to the physical, material world, and why it has been such a key element in your work?**

Consciousness is all there is. Everything in the universe is literally made of consciousness. If you read my article about the seven states of matter which can be found on my website, you will learn that all states of matter are actually different states of the same universal matter.

The three basic states of matter are solid, liquid and gas. As matter changes its vibration to higher levels, it turns into plasma, and then beam, and finally it actually transform into the highest state which is thought wave. Thought wave is actually the highest state of matter because it exist at a much higher rate of vibration. All other states of matter are condensations of thought wave.

Therefore the entire physical world is originally manifested from the mental world. If you are familiar with the concept of holographic reality, you will know that the entire material world we experience is actually a projection of light from consciousness. Everything is made of light in different forms.

Everything is made of electron and positron which when combined will be transformed into photons.  $E = MC^2$ , or matter is light energy in different form.

Everything we experience in the outer world is a reflection of the inner world which is consciousness. Therefore if we change our consciousness, we change our outer world. Consciousness creates and directs everything. The work of evolving consciousness is the biggest work in the universe. That is why when we change our mind, we change our life.

**As a young professional in Singapore, the twenty-second *wealthiest* country in the world, what career goals and special interests do you find young people most pursuing?**

I would believe that Singaporeans are encouraged to pursue expertise in the area of life sciences because that is where the future of the world is heading towards. Industries related to biotechnology, genetic engineering and advanced health related studies would be the trend to take. Our government has built this huge structure called Biopolis to facilitate the research and education of the life sciences. We aim to make Singapore one of the best in the world in advancing the science of life.

Singapore is also a very happening place for cyber gaming. Our young people here love to play computer games and we are very active in gaming events. We hosted the World Cyber Gaming event in 2005 for all the worlds best players to compete with one another in the most popular cyber games for the top prizes. We are certainly one of the best markets for gaming.

**I understand that more than forty percent of Singaporeans practice Buddhism. What religious practice were you raised with and do you follow any traditional practice now?**

I am a Christian and was raised as one. I believe that God has a personal and a universal aspect. The universal aspect is the universal consciousness that all beings can access and are a part of. All other religions and spiritual teachings help enlighten people about the universal aspect of God.

But only Christianity helps people to know the personal aspect of God. It is God revealing himself as the Lord. The bible is the only book that is the direct inspiration of the Lord written through the hands of men under the influencing of the holy spirit. All other religious writings are inspired by Helel who is God's highest angel. Helel seeks to enlighten mankind about the universal aspect of God but he wants to blind them to the personal aspect, because he has rejected the sovereignty of the Lord over all other beings. That is why the Lord calls him Satan which means The Adversary of the Lord.

Although I am a Christian, I am open to reading all other religious writings and spiritual philosophies because they contain truths about the universal aspect of God that Helel reveals. To be wise is to be able to learn from anybody including your adversaries. Christ said he sent us as sheep among wolves therefore we should be wise as serpents and harmless as doves.

**What experiences or media (movies and/or books) have influenced your thinking and belief system?**

I have watched The Secret movie and it was really inspiring. I have always imagined thought waves affecting physical reality and I loved how they displayed that effect visually on screen. Overall, the movie was an uplifting and invigorating experience. I felt so good after watching it and felt that life was so beautiful because we could create anything we want with our thoughts and intentions.

I have also discovered that the creator of The Secret, Ms Rhonda was significantly inspired by this person called Robert Anthony. It was he who taught her a great deal about the law of attraction and inspired her to create The Secret. Robert Anthony is the creator of the Secret of Deliberate Creation

which can be found through a link at my website. I found it to be the best course on teaching you the secrets to manifesting your desires.

**What is the single most important idea that you would like to leave our readers with that we have not yet discussed?**

The single most important idea would be that perception creates reality. Many of us are unable to experience what we desire because of the limiting beliefs that we have about what's possible and the way things work. If we are able to expand our perception, we expand our reality.

Einstein said that a problem cannot be solved at the same level of consciousness that created it. We have to rise to a higher level of consciousness to solve it. Perception is the key to solving all problems, because understanding the problem dissolves the problem.

So the key to improving our lives is to gain more and more awareness as we can about reality so that we become more conscious beings in creating our experiences. Ignorance is the only evil, and knowledge is the only good.

**Do you meditate? How do you connect to such thoughts?**

No, I do not meditate in the traditional sense. I simply allow my consciousness to be in a receptive and contemplative state as ideas and inspiration pour forth into my awareness and I start to reason and pursue answers within my own mind.

I have a self identity of being a genius and that the omniscience of God is flowing into me all the time to help me unravel the mysteries of the universe and of spiritual things. I believe that I am always connected to God and that he guides me in discovering wondrous things about reality and of consciousness.

**Have you had any mystical experiences, any synchronicities in your life that you can share with us?**

Talking about synchronicities, I have received comments from people about how they found my website by synchronicity when they were searching for an answer to question that they have in mind. Someone even said that she would be thinking about a matter and then the next article that I posted was the very answer she was looking for. It almost seemed as if I knew what she was thinking of and that I was writing it just for her.

But all I was doing was just writing what I felt like writing about. I was simply doing what I enjoy at the moment. It turns out that the universe was using me to fulfill the intents of others and synchronizing all our intents together to make things fit so well. It is such an incredible feeling when I realize that I am divinely guided in the work that I do and that God is using me to be a blessing to others in such magical and powerful ways.

**We are all of one consciousness, true?**

Yes we are all one. In the beginning, there was only one consciousness that existed. The one consciousness decided to differentiate itself into the many in order to experience itself from different perspectives and points of view. We are all different versions of the same being in existence.

We are all inseparably connected to everything else in the universe. The real you is bigger than the individual you that is localized in time and space. The real you is all there is. Your real self is the Self of The All. Everyone else is an aspect of your much larger self.

That is why there is no out there because everything is within you, and is being projected as your consciousness. Everyone you see is a different version of you. I am a different version of you and you are a different version of me. You can say that we are all God individualized into little gods. It is written in the bible Psalms 82:6 that the Lord says we are gods because we are all children of the Most High.

But there is one who is the God of gods and the Lord of lords. He is the Lord Yahweh or Jehovah. In the beginning, the one consciousness that existed was love and love had to be expressed. The One consciousness differentiated into the Three which is Father, Son and Holy Spirit. The Father is the one who loves, the Son is the beloved, and the Holy Spirit is the medium and messenger of that love.

The One and the Three are equal. The trinity is One God in Three Persons. That is how God as One Consciousness manifested into Three Personalities. The three are called the LORD and it is the trinity that is EL ELYON, God Most High or God The Highest.

It is the trinity that created the rest of us by differentiating the One consciousness into many more individuated centers of consciousness. The trinity is the highest aspect of God and they are the LORD whom we should worship and serve. The trinity is the Godhead while we are the body of God.

**Any last comments for our readers?**

I wish you all abundance, happiness and fulfillment. May you discover astounding truths and awareness as you seek the understanding of reality and the universe. You can visit [www.mindreality.com](http://www.mindreality.com) to learn secrets most people will never know about the mind and reality.

I am grateful to have this opportunity to share all that I've said in this interview with Trinda. May all of you greatly benefit from reading this book of hers "Our Reality."

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