



## **PositivitySpace.com Interview with: Enoch Tan**

**December 2007**

**Thank you for doing this interview, Enoch. I appreciate you taking the time out to do this interview with me. Can you start off by you telling us a little bit about yourself?**

I am a Mind Reality scientist and writer, meaning I study a lot and write how consciousness and reality works. I use the internet as a medium to communicate with the rest of the world about my unique perspective and insights that I share along with others who have the mind of seeing things in a unified way.

**How long have you been interested in self-development and practicing using the Law of Attraction to better your life?**

I have been interested in self development years ago when I read Unlimited Power by Anthony Robbins. But it was only during the beginning of 2006 that I discovered the Law of Attraction. When I discovered this law of the universe, things were never the same for me again.

**What got you started & what was the first self-development book you ever read?**

There were many self development books that I could call my beginning books. Some of them are Unlimited Power, Awaken the Giant Within, Think and Grow Rich and Science of Getting Rich.

**What were you doing before you discovered that you had an interest in self-development? Also, what was your mindset like at that time?**

I was learning about psychology and things to do with the Mind. I also found myself exploring some aspects of philosophy. I had this mindset called the integrative mindset where I wanted to learn as much as I can and integrate all my knowledge together. I felt that everything was a part of the bigger picture and the way to complete understanding was inclusion not exclusion.

**How did you shift your mindset into one of abundance and prosperity?**

I simply started focusing my thoughts more and more on abundance instead of the opposite. I read materials that filled my mind with wealth consciousness. I talked and acted in ways that were in alignment with abundance. I began to have a greater self image of abundance and prosperity.

**What was the underlying factor that made you want to change?**

The underlying factor was pain. I felt that I was lacking a lot in awareness about reality and how things worked. I believed that many of the problems in life I was having were because of this lack of awareness.

**How did you go about instigating change in your circumstances?**

I began to acquire as much knowledge as I could about reality and how things worked. I sought to find out the answers about life, destiny and the universe.

**What was your first ever deliberate manifestation and how did you create it?**

I don't remember my first deliberate manifestation because there were several things I was creating as the same time.

**From your experience – how do you manifest anything you want into existence?**

The way I go about doing is to send forth my intention strongly with a focused state of mind. I take inspired action that is in alignment with my intent. I will be in vibrational harmony with my desire by feeling the positive feelings of it being a reality. I will detach from the outcome of it happening so that I do not create resistance towards the manifestation of my desire.

**If you were to start over again, from scratch, how would you begin?**

I would do exactly as I did before. That is because the work that I started from the beginning was inspired. I wasn't trying to do things according to what someone else said I should do. The best way to live life is to do what you are inspired to do in every moment. That's how you allow yourself to be guided by your heart because everything will be perfect when you do it that way.

**When you were beginning to change your life and implement what you had learned, did you encounter any problems along the way?**

Yes of course. Problems are a natural phenomena when you want to accomplish anything. If there were no problems, then there would be no need for change.

**What kept you going through the hard times?**

Holding my mind on the principles of success such as perseverance and consistency of action was one of the things that kept me going. But the most important thing of all was that I just wanted to realize my dream. I wanted to live life doing the work I love to do and become a great success at it. The only thing that is truly meant to keep you going is your connection to what your heart desires and to keep acting according to your heart's desires.

**What would you recommend our members do if they desired a lifestyle like your own?**

I would recommend that they first find their life purpose and walk it. The best way to make money is from doing what you love. It takes energy to create wealth, and the energy comes naturally when you follow your passion. I would also suggest you work on your spiritual development first before working on creating wealth. Because all the having comes from the being and the doing. Learn everything you can about the mechanics of reality and manifestation. When you become a conscious creator and are living according to your purpose, you will create the best life that you are meant to live in this universe.

**Can you tell us what you do on a regular basis to ensure that your vibration remains high and that you continue to attract more of the "good stuff"?**

You have to keep feeding your mind with information that raises your manifesting vibration. Read stuff that keeps you conscious of abundance, joy and success. You must also surround yourself with people of suitable consciousness. It is better to be alone than to be in the company of the wrong kinds of people. You must focus on the good things that are happening in your life and detach from the seemingly bad things. You must go to Church or any spiritual places that reconnects you with the Divine. You must work on resolving negative issues in your mind by playing them out so that they do not continue to bug your subconscious.

**What is the most inspiring thing you've ever heard or read?**

The most inspiring thing I've ever come across was the idea that we are not here to create, but we are here to allow the universe to create through us. When we learn to live from the plane of spirit, we allow all our intentions and reality creation work to be naturally driven by our higher self which is the aspect of ourselves that is one with God or The Creator. The purpose of learning all these reality creation mechanics is so that we can become better co-creators with the divine that is seeking expression through us.

**You've authored several books including the popular, Reality Creation Secrets ([www.realitycreationsecrets.com](http://www.realitycreationsecrets.com)) which is designed to help anyone achieve their innermost dreams and burning desires. Could you tell us how you came to create this wonderful book?**

I have been writing all kinds of stuff about the mind and reality, but then I decided to put the best of my work in the area of its most powerful application which is Reality Creation in one place and in the best order. To me, this is the book that contains all the principles that I use to create the life that I desire. I can say that my work is the best in the world because I intended it to be so.

Wisdom means solving problems at the roots. It is dealing with causes instead of effects. Lots of people go for lesser solutions in this world to deal with problems. I enjoy abundance, perfect health and great happiness in life without going for all those lesser solutions in life. The greatest solution in life is Knowledge of how reality works. When you look at reality from a perspective of consciousness and reality creation, you will be able to attain everything you want in the best way.

**Where can our members find out more about you and your life altering products?**

You can find out more about me and my work at my main website:  
<http://www.MindReality.com>

**Finally, Enoch, why do you feel that you are capable of helping people to change their lives so that they can start seeing the life of their dreams?**

It is because it is my calling and my gift. Confidence should come from the idea that you are capable of doing something and not because you have already done it. Otherwise you would never even get started. When you first believe that you can do something, you will create it as your reality, and then you have evidence that you can do it. External evidence is simply a manifestation of your inner consciousness. When you do something just because it is your passion, don't be surprised when people come and tell you how much they benefit or are inspired by what you do. Many people have already been telling me how much my work has transformed their lives and what I do is simply the best in the world. You can read many of such comments on my website. But ultimately what I would say is that the work I do is not my own, but it is the work of God that is expressed

through me. God is the best and when you allow yourself to be a channel, you will manifest the work of God. Inspired work is always the best.

**Thank you, Enoch, this has been a great interview and I am sure you've just inspired all of our members! Thank you from the bottom of my heart.**