

Manifestation Keys

Secrets To Manifesting All Your Desires!

Enoch Tan – Creator of Mind Reality

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Introduction

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The VERY reason why I created this ebook with SOME of my articles is to give a preview of the immense QUALITY and QUANTITY information on Mind Reality.

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Best Regards,

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Here's to your success!

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Law of Attraction - Having is about Being

We know from the Nature of All Reality and the Universal Construct that everything in the entire universe is pure energy, differing only in rate of vibration.

How does the Law of Attraction work? It works according to the principle of vibration. Everything vibrates and vibration is Energy. Energy attracts energy that is of the same rate of vibration. **Energy attracts like Energy**. Hence the statement, **"All is energy and the energy you give out is the results you get"**.

The Law of Attraction is you draw into your life whatever you focus on and emotionalize. You attract to you everything and anything you hold in your mind, whether wanted or unwanted. **Simply by observing your reality is created**.

To focus is to concentrate attention or energy. Attention is psychic energy. Psychic energy is living and conscious. Whatever you give psychic energy to, you are giving it mental life to exist. That is why the more you place your mind on something, the more it lives. The less you do, the less power it has to remain alive. When you do not pay attention to something, it ceases to exist over time.

The more we focus, the more attractive and stronger our vibration becomes, and the more quickly it manifests. **To practice the Law of Attraction, simply put your attention and your positive emotions upon the essence of your dreams fulfilled**, as if you already have them now! **Be contented to wholly experience them in your mental world first**.

The hebrew word for **bless is kabad** which is to **give weight, to honor or to treat as important**. The hebrew word for **curse is qalal** which is to **make light of, to despise or to lightly esteem**.

When you appreciate something, it appreciates in value. Bless the little and the little becomes alot. When you unappreciate something, it depreciates in value. Focus your mind and will on the positive and detach from the negative. **What you focus and give attention to, you bless**. What you neglect and withhold attention from, you curse.

When you acknowledge that God is the one at work in the good that you experience, you start experiencing his operations even more. **What you appreciate becomes more significant**. This is why **giving glory to God increases his glory over your life**.

Everything is conscious, living energy. What you bless, you give mental life to and it grows and flourishes. **You increase its existence**. What you curse, you withhold mental life from and it withers and dies. You decrease its existence.

What you focus on you magnify. The more people there are to focus on something, the more it is magnified. That explains why **the more popular something is, the more it tends to flourish**. This is the secret of marketing and promotion. Fortune normally follows fame. But the more people shun something, the more it fades away as a part of ordinary life.

The Law of Attraction attracts by creating and creates by attracting. It pulls what you focus on to you, or it pulls together the quantum field to manifest it for you. Focus collapses the wave function into particles and crystallizes the sea of infinite possibilities into something tangible and experiential.

The Law teaches the creative power of thought. This Law is one with the Law of cause and effect. It is this Law that establishes you as a Being made in the image and likeness of the Creator, with a Mind that possesses the same creative properties.

You attract into your experience that which you are in vibrational resonance with. Using the Law of Attraction to manifest what you desire is to put yourself in a state where you are in vibrational resonance

with the object you intend to attract. You imagine the situation you desire as though it is already a reality and allow yourself to think the thoughts and feel the feelings related to it. The state of vibrational resonance is the mindset and feeling of already having what you want.

Let's say you want to pick up a new skill such as dancing. You may have started attending classes to learn a particular dance style such as salsa, ballet, or jazz. But you just feel it in your heart and know in your mind that you are already a great dancer. You have the talent naturally within you and learning it will be a piece of cake. It all becomes a flow and you are just expressing yourself in freedom. When you watch famous dancers performing, you feel you're like them, being able to move the way they move and are equally capable of doing their every step and more.

In NLP terms, you can call this modeling or neurological conditioning of your mental and emotional states to follow the patterns of success. But the psychospiritual connection is that, your inner world defines your outer world. You will find yourself being able to master the skill as if you had it all along within you. It is the Law of Attraction at work bringing what you believe you already have to you, simply because you totally feel as though it has always been yours. **The secret is that we have our circumstances because of the way we feel.** How we feel is controlled by how we think.

Proverbs 4:23 Keep thy heart with all diligence; for out of it are the issues of life.

Emotion also has the power to create what you want. Find within yourself what it will feel like to have, be, or do the thing you want and you will begin to manifest the thing you want. **The energy in the emotion will work to pull you toward the thing you want while also pulling the thing you want toward you.**

The greek word for **grace is charis** which is **to give thanks**. Grace is gratitude. **Gratitude is the channel of receiving God's grace. Gladness, contentment, joy, happiness and gratitude are the same.** Notice that the people who keep winning alot are those that feel gleeful about and rejoice alot over their victories. People who rejoice and express their gladness about things the most often seem to be to most grace filled ones in life. What you give thanks for multiplies.

God is the joy giver, to give thanks is to express joy back to God for the joy he has given to you. The same energy that you give is the same energy that you'll attract. Express joy to God and in return, you gain more joy. Seeing people express joy and appreciation about what you've given to them is all the thanks in the world you need from them, and it attracts more of those things from you. **Being joyful, contented and happy attracts things that give you such emotions in your life.** The key is to rejoice, to express your joy and gladness about something whenever you have the opportunity to do so and to express it immensely.

Feel the joy of having what you want, feel it right now and you will begin to pull it to you and you to it. The whole process of mental, spiritual and material wealth may be summed up in one word, **gratitude.** For you to have something, you must be in a mental and emotional state of having it.

If something is in your life but you feel as if you don't have it or are lacking it, very soon that thing will slip away and you will lose it. For example, you have a great friendship with someone who brings joy and comfort to your life. But somehow you start having this negative idea that friendships don't last for long and whatever good you experience tends to degenerate, then this thinking will generate a negative energy that will influence events to cause things to fall apart between the two of you.

On the contrary if you believe you have a great friendship with someone and that it is something that is a gift from heaven so you can never lose it because it is fated to be that way, then your mindset will cause things to remain that way and even when bad things happen that threaten to break the friendship apart, it will turn around magically as if that just can't happen. Think of someone you know whom you've "unbefriended" countless of times in your life already and yet are still together with even now, and you know what I mean. That is the result of your beliefs or that person's beliefs about the friendship.

Your thoughts and beliefs create a force that can break something apart even when all other forces are working to keep it together and can keep something together even when all other forces are trying to pull it apart. You can never lose something on the outside if you never lose it within you. Even if it's taken from you, it will come back again or something even better will happen. You can never keep something on the outside if you have already lost it within you. Even if you try every means to retain it, you will still only have an empty shell.

It is all about beingness. If you believe you are poor, no matter how much money you have, you will always be a poor person. Because you have a poverty mentality. If you believe you are ugly, no matter what kind of clothes you wear or how much you try to enhance your appearance, you will still never be truly beautiful. That's because your expressions will communicate that you are not really good looking enough, and so you're trying too hard to appear beautiful.

Look at the world. No one who is truly beautiful think of themselves as ugly. No one who is truly rich think of themselves as poor. Complete beauty is both inner and outer beauty. Inner beauty is in the self-image. What you are is what you see you are.

Having is about being. To have confidence, be confident. To have understanding, be understanding. To have admiration, be admirable. What you have is always meant to be an **expression of** what you are, and **not to define** what you are. It is YOU that define what you are. What you have, is an expression of your beingness that results as a manifestation of your beliefs, and **whether that manifestation has occurred or not, should not change your inner definition one bit.**

Who you are inside creates the results you get outside. Once you change the way you are inside, the outer world changes. **The energy you give out attracts and creates the results you get.** Change your inner energy and you change your results.

Consciousness defines Being. **To have something is to be in vibrational resonance with the energy of that thing with your being and precedingly, your consciousness.** If you have a consciousness of lacking, you will be a person of lack and the energy of your beingness will attract more situations of not having into your life. If you have a consciousness of having, then your beingness will attract more situations of having into your life.

What you embrace in your inner world creates what you experience in your outer reality. Once you take care of the inner, it will show results in the outer. **When you get the lessons, you don't need the experiences.**

I think therefore I am. I am therefore I have.

People of the world tend to forget this simple truth of all things and that's why they are chasing after all the forms and not realizing the essence.

Luke 19:26 "For I say unto you, That unto every one which hath shall be given; and from him that hath not, even that he hath shall be taken away from him."

Be what you want to attract. To attract the perfect partner, be the perfect partner. We often want our idea of the perfect partner to enter our lives and stay forever, yet we are not willing to do what it takes to be the "perfect" partner for someone else. We can prevent ourselves from painful experiences as well as the loss of precious time and energy if we begin by first working on ourselves.

Everything in your reality follows an internal to external design. **Anything you want to add or subtract from your reality must first be added or subtracted from within yourself.** One of the main goals in life is to search for that ultimate love, your soulmate. However, **that soulmate will never appear if, first, you are not soulmates with yourself.**

Like everything in the Universe, we are all beings of Energy, extensions of The Source Energy, always attracting into our own individual realities similar Energy in complete accordance with the thoughts we vibrate. The entire Universe is Energy and all thoughts are Energy characterized by vibration.

Therefore you attract precisely the Energy of situations that are in harmony with the Energy of thoughts that you hold in your Mind, with which you are vibrating and projecting into the Universe. **This same Law applies whether your thoughts are positive, negative or neutral, and the effects will be in precise accordance with those thoughts.**

Higher Feelings Manifest your Desires More Freely

The secret of manifestation is that you do not attract your desires by what you think but by what you feel. Everything is vibration and you attract those things that you are in vibrational resonance with. Your vibration is your feeling. It is your feelings that attract your experiences. The more you experience the feeling of having what you want, the more you will have it. **Higher vibrations and feelings are the medium by which your desires will manifest more freely.** The more positive feelings you can experience about yourself and your desires, the easier and faster you'll experience your desires spontaneously manifesting into your world.

Emotions help you create reality. When you believe in something, love and cherish it, you can create it more freely. You have the power to manifest anything your heart desires! If there is anything you want to create more of, focus upon it. Whatever you turn your attention to, you will create. What we give out, we get back. **The energy you give out is the results you get.** Imagine what your life would be like if your mind could always be focused on thoughts that were filled with joy, peace, love, abundance and feeling successful! **Whenever you feel good, you are in vibrational harmony with your desires.**

Emotion is energy and energy attracts like energy according to the law of attraction. Your feelings create your reality. That is why it is important to choose listening to songs and music that cause you to feel the feelings you would feel in the state of experiencing your desires as reality. Instead of songs that cause you to feel otherwise because those feelings will very well attract those conditions into your life. The same principle applies to the shows that you watch, the materials that you read and the things you talk about. **Choose to engage in things that generate in you the feeling of experiencing what you want.**

Of course you can allow yourself to experience every kind of feeling just for the experience of it. Listening to bittersweet or sad songs and watching heart breaking movies sometimes do help us to cherish the positive and happy things in life more. It is ok to engage in things that cause you to experience them some of the time. Just **make sure that your dominant emotional experiences are in accordance to experiencing what you do desire.**

Faith is a feeling and vibration. You cannot experience faith without the feeling of faith. When you really have faith about something, you must feel it. A person with a higher vibration will create their desires easily, freely and more effectively than someone who is experiencing a lower vibration. Our vibrations go up and down with our moods throughout the day. That is why **it is important to be conscious of how we are feeling and keep choosing to feel positive.** If you did nothing else but ask yourself, 'How do I feel right now?', and keep bringing yourself back into feeling good, everything else would fall into place.

The following feelings and attitudes emit a higher vibrational frequency that resonates with your desires and attract them freely. Happiness, joy, bliss, appreciation, gratitude, love, peace, admiration, certainty, confidence, faith, courage, hope, freedom and trust. The following feelings emit a lower vibrational frequency that attracts negative events and push your desires away. Condemnation, guilt, worry, disappointment, resentment, fear, insecurity, doubt, hesitation and sadness.

It is very difficult, almost impossible to achieve any type of success with negative feelings. You have to constantly fight and push. Nothing comes easily. And whatever you gain in that way won't last. On the other hand, feelings of higher vibrations attract success almost effortlessly. Of course you still have got to do something. However you don't have to force anything. You go with the flow and your intuition leads you to opportunities and people you might never have experienced or met.

There are three main states of vibration that you can resonate at. The lowest is the state of unhappiness. In this state you feel depressed, overwhelmed, bored, angry, heavy, helpless and so on. Your world is full of rain and darkness, and that is what you tend to create. The middle is the state of monotony. In this state, you operate on automatic pilot. You just do things because you should do them. You are like a robot that is following orders. The world appears to be pretty cloudy and boring. When you operate predominantly at this frequency, you tend to create more of the same old thing. The highest is the state of joy! At this

frequency, you feel fully alive and on fire. You are excited about everything that comes your way, and you are in the flow. Your world is full of sunshine, and good cheer. You operate from inspiration, and desire. When you operate at this frequency, you naturally attract your heart's desires.

You can control your feeling with your thought. Positive thought and feeling is high vibration. **What you resonate, you will accumulate.** You can still make progress even when your vibrations are low but it would not be as quick and easy as it would be when your vibrations are high. Keep your vibrations high to manifest what you want freely in life. Anything in motion will continue in motion, unless an opposing force emerges to neutralize it. Feeling positive emotions means you are allowing your desires to flow towards you without resistance.

You can choose to be happy by choosing to think positive thoughts. Focus on what you are happy about. Imagine how you would feel if your desire is a reality now. Allow yourself to feel the excitement, exhilaration, joy, gratitude and happiness now. These feelings are what you remember when you're intending your desired reality as they become your set point. **Whenever you feel good or happy, you become a powerful magnet to rapidly attract your desire.** Happiness is a choice, you can choose to be happy in any moment.

Whenever you think or do anything that causes you to feel even the slightest bit better than how you were feeling a moment ago, you will cancel out whatever negative energy you were generating before. Every moment is a new beginning and you can use it to create reality afresh and anew with full power always. When you think of something that you do not like, then in that moment think of something else that you are happy about to neutralize the negativity and turn it into positivity.

Sometimes negative feelings are a cause for action if they are valid. To deal with your feeling of fear, worry and doubt in the moment, simply think about what you are going to do about what you are thinking and then let go, or do it immediately if you can, so that your mind can rest on the issue. **Be happy and your situation will automatically change for the better.**

Fear is low vibration and excitement is high vibration. Failure is low vibration and success is high vibration. Like vibrations attract, unlike ones repel. When you fear failure, you attract it towards you. When you fear success, you push it away. When you are excited about what you do, you become more likely to succeed and less likely to fail. The difference between fear and excitement is joy.

Your true desires are high vibration. **When your emotional vibrations are high, you attract and manifest your true desires more freely.** When your emotional vibrations are low, you attract and manifest things that you do not truly desire. Your true desires are the state of the source which is abundance, freedom, love, power, awareness and total success in everything. To be godlike.

Time is a factor that all manifestations of thought and feeling operate with in the physical plane of reality. When your vibrations are consistently high, your desires manifest more freely. **The more enthused, excited, and emotionally charged you are about something and the better it feels, the faster you'll see it show up in our life.** Higher vibrations are connected to divine life and they will attract all good things you divinely desire in your inner being. All things are spirit in form.

It is all about consistency and frequency of vibration. **Higher rate of vibration means higher speed of motion of energy.** Manifestation is energy moving into form. Things take longer time to manifest on the physical plane because it exists at a lower rate of vibration. That is why consistency of faith is more important while existing on Earth. Our thoughts manifest as things instantaneously on the mental plane first before manifesting correspondingly on the physical plane over a period of time. If you could allow yourself to **experience higher feelings consecutively for a certain period of time**, your world will be bound to become a lot different than before in a much better way!

Vibrational Matching requires an Identity Shift

In the process of achieving your goals, you have to become more than what you are. Your self identity needs to expand to include those things you intend to manifest. **If you identify with the person you will be when you achieve your goal, you will get there very quickly.** Once you have shifted your identity, you simply make gradual changes in your persona to match the one you would adopt when you have fully achieved your goal.

You are a different person with your goal achieved compared to the person you are without it. It is not just taking the actions to get to your goal. There is a different way you think about yourself when you have achieved your goal. There is a different way you perceive reality. **Without this personal inner shift in your self identity, all your actions will ultimately fail because your personality conflict will sabotage your success.** When you change your identity to match the person you will be with your goal achieved, your goal will manifest in your reality without fail.

The reason you have not already gotten what you desire is because you are holding yourself in a vibrational pattern that does not match the vibration you desire. That is the only reason ever! You cannot desire something but predominantly focus on the absence of it, and yet expect to receive it, because the vibrational frequency of it's absence and the vibrational frequency of it's presence are very different frequencies. **Your desires and your beliefs must be a vibrational match in order to receive that which you desire.** You need to have it in your being. You need to get it emotionally.

You have to be in a vibrational match with your desires and intentions in order to manifest them into reality. **To be in a vibrational match with your desired reality means you have made an identity shift towards it.** You identify yourself with it and therefore would do whatever it takes to be there now. You may take massive actions and work very hard for it but it will just flow because you already know how it is like to be there. If you were already the person who is experiencing your desired reality, you would find that anything else is totally unacceptable, because it is simply not you. **Your identity forces and compels you to live your ideal right here, right now.**

When people find themselves wanting to become millionaires they tend to look at where they are and spend most of the time making decision based on their present circumstances. Most of them keep saying, "I don't have enough" or "I wish I could have more" or "I need to pay these bills" and so on. The challenge is pretty obvious, they like to achieve financial abundance coming from a scarcity mentality. **If you need to look at where you are at, look at it once .** Now keep your whole attention focused on the bigger picture.

The key to manifestation is the ability to shift awareness and hold focus. Keep your awareness more on where you want to go and less on where you are, and you will get there faster. You have to shift your awareness to your desired reality in order to draw it into manifestation. **The key is to feel comfortable with thinking, talking and acting in a state where your desire is already a reality.**

So to manifest millions, you must keep your energy and sight thinking in terms of bigger numbers. **Keep your awareness so that thinking in terms of bigger numbers becomes a part of your life.** Once you keep your attention in the right place, thinking in terms of bigger numbers, the universe will provide you with plenty of opportunity to ensure that you can attain whatever it is you desire to accomplish. All you need to do is recognized the opportunities and act upon them.

To attract wealth, you have to be wealthy. **Your beliefs is your being in this world.** You have to make the decision that you are wealth contrary to external physical evidence. Being wealth conscious magnetically attracts wealth into your life. **You will attract wealth simply because of who you are.** You have to shift your consciousness to be wealthy by realizing that abundance is everywhere and you will experience the wealth that is yours.

Get comfortable with larger numbers and amounts. If you already identify with your desired reality, you would feel that the larger numbers and amounts are really normal. You will also feel that they are not

really big and anything smaller is really small indeed. **Think the way you would think and feel about numbers and amounts when you are already the person you want to become.** You would find many of the things you think of as too much for you now are really nothing at all. You would also feel that using a certain amount of resources or energy in whatever form that you presently think as a lot is no big deal because you have a lot more in your reserves and inflowing as well.

Having the identity of being a millionaire already doesn't mean you go and spend like crazy. That is not a good idea because someone with a millionaire mindset does not manage his finances unwisely and gets himself into debt. But a millionaire would be willing to invest more money into his business and spend more to increase his capacity of getting returns. **You have to know how to resonate with your identity of being the person you will be in every way in order to live correctly as that person now.**

Seeing whether someone's identity is a vibrational match with his dreams and desires, is how you can tell whether such person is going to make it even if that person has not gotten the desired relationship, business or goal yet. **You know that they are going to get it because they already have an identity shift towards the end result they want to achieve.** Shift your identity and you will find yourself accelerating rapidly towards the desired reality you intend to manifest.

Will is Central Key to all Mental Phenomena

The future exists first in the imagination, then in the will, then in reality. Simply imagining something will not make it real. If you want to make your imagination reality, you have to use the will. **The will is the central key to all mental phenomena.** Everything is controlled by the will. The will is the core that holds all energy together. The will is the highest level of the mind and its ruling faculty.

The ruling faculty of mind is the ruling power of reality. **Magic is the act of causing change in accordance with will.** Will is directed by desire and liberated by belief. You must focus on your desire and you must will yourself to believe in getting it. Even though what you want has already been given, you have to use the will to claim it as yours, so that negative forces cannot take it away from you.

Manifestation works best when you have a strong intent. Instead of only a want, it is more of a must. When you know something must happen, it will. When you want something to happen, it is still not a strong enough intention. "I want to do this." is not as strong as "I must do this now." It a small distinction that makes a big difference. Think to yourself "I can and I will."

Manifestation involves the act of selecting from a pool of probable futures, a particular one to manifest. We cannot avoid our role as chooser-creators any more than we can avoid thinking. Intention is choice. To think about this rather than that, to give attention to this rather than that. The will is the faculty of choice. **It is the decisions we make that shape our destiny.**

Every time you change your desires, you are essentially starting all over again in the creation process. If you have been spending days or weeks putting your attention on a specific desire, picturing, thinking about it, and then you change your mind and want to create something else, all that energy you pushed out to create that past vision is now wasted and you must start all over again focusing on something new.

It is fine to review your dreams and goals, and change them from time to time if after awhile you find that you didn't really want a particular dream or goal. Just try not to keep changing your mind. Most people don't create much of anything because they either don't know what they want, or they keep changing their mind about it. And when you keep changing your mind, you never stay with anything long enough to create it. You send out partial messages and get back a partial life. This is why **it is important to get as clear as possible about what you really want, and then stick to it.**

The key to mastery is to keep choosing the same thing. Stay with one thing. Don't take your mind off of it. Keep focusing on it until it becomes a reality. A Master chooses something to manifest and doesn't go on to something else until he or she has manifested it completely. If you choose to create something, stick with it. Choose it with all of your heart and soul. Be committed, persistent, and focused. Don't take no for an answer! Do not go on to something else until you have created your chosen dream or goal. **If you want your life to calm down and bring you what you want, stop changing your mind so often.**

Will is focused intent. You have to be fully intentional in order to manifest what you want. The problem with many of our intentions is that they are half hearted intentions. Half hearted intentions will only produce half hearted results from the universe. It is when we are fully intentional for something to happen that the universe would arrange the situations to allow us to experience our desires manifesting. The universe reflects to us what we send out to it. **When you commit yourself, that is when the universe commits to you.** Synchronicities show up more powerfully and more spontaneously when we have synchronized our internal world by aligning our thoughts and feelings about something in one direction.

It's been said that consecutively sustaining positive thought is the hardest work in the world. But it is also **the key to mastering the world.** To monitor your thoughts and keep them only on those things you desire will require constant, moment to moment, minute to minute attention, especially in the beginning, when you may be used to worrying or fearing. It is a day-to-day, hour-to-hour, moment-to-moment act of supreme consciousness. This is Conscious Creation. You are becoming aware for the first time of the many thoughts that govern your life. This is a real awakening.

The secret of success is to be able to hold all of our energies upon one point, to focus all of the scattered rays of the mind upon one place or thing. Use will power in concentrating your mind upon what you are doing at a given moment, and then turning to something else. Hold all of your powers with a firm hand. Great self-control and self-conquest gives one great power over others. He who has a firm will molds the world unto himself.

Inspired Action with Intent produces Results

It is not your action that creates what you want, but your intent. Your actions only serve to bring your intent into manifestation. You can't manifest what you did not create and actions create nothing. Action without intent will be counterproductive and will only serve to destroy. When you create what you want with thought, you will only need one tenth of the effort to achieve your desire.

Never try to force things to happen because you are afraid of what will happen if you don't take a certain action. Instead, choose inspired action that moves you toward what you want, not away from what you don't want. Inspired action always feels easy and effortless. Action taken out of fear, worry or doubt always feels forced and stressful. Acting on your intentions without trying to force things to happen will magnetize your desires by attracting people, places and opportunities into your reality that you never would have even seen if you hadn't done so.

You can reduce the need for action to a very minimum by allowing yourself to focus on what you desire until you feel the positive energy begin to move within you. This energy is not based on doubt, fear, anxiety, worry or need. If you focus on what you want instead of what you don't want, you will know when it is time to take action. When you do, it will be effortless. Doors open and the entire universe will conspire to assist you in your desire. Focus on your intent and do not take action until you feel positive emotion within you. In that moment you will know what to do. When you take action it will be the right thing at the right time.

Many people end up frustrated and discouraged at their lack of results because they fail to connect thought with personal action. They may think about what they want in the beginning and then go off to work without a thought about their desires for the rest of the time. Or even worse, they may get caught up in the problems of the day and begin to doubt or fear not getting what they want. These thoughts then go to work to create the negative images that are being created throughout the day in their minds, which completely overpower any benefit from their earlier positive thoughts.

We must bring our dreams into our actions. Bring your thoughts, your dreams, your visions and think about these things as you are taking action in your present environment. You must hold the vision of what you want in your mind and take action now. Don't try to come up with some new, incredible scheme to get what you want. Most of the time the things you want will come from the actions you've been taking in your present situation. Bring your powerful thought energy into your actions in order to attract what you desire, through existing channels.

Every action can be made powerful and successful by holding your vision while doing it, and putting your whole purpose and faith in it. Most people fail by separating mental power from personal action. They use the power of mind at one place and time, and then they act at another place and time. So their actions are inefficient and unsuccessful. But if all power both mental and physical goes into every act, no matter how ordinary, every act will be a success in itself. Every success opens the way to other success therefore your progress towards what you want as well as what you want towards you, will become increasingly rapid.

The things you desire can come to you indirectly through people related to your present work, circumstances or your leisure activities. A miracle can come from anywhere, so always empower your actions and your life with the visions of what you desire, and do all that you can do each and every day. Let the vision of what you want empower you in everything you do. Think and act as if your desires are reality now. Focus on your intent in everything you do.

Rich people create what they want with thought and the right actions come along for them to step into their desires. That is why every little thing that they do gets back so much and opportunities seem to fall upon them easily. Poor people create what they want with action while focusing on what they do not want. That is why they do so much only to get so little and life is such a struggle for them. The rich do most of

their work mentally while the poor do most of their work physically. The rich know the secret that the universe is mental and everything is created by thought.

Taking Positive Action towards your Desires

Don't hesitate to move on your ideas and respond to situations that call for action in order to keep the momentum going. If you're sitting waiting for something to happen, doing other "important" tasks rather than those that you know will produce the results you desire, you are wasting time and you are no closer to your desire. **You may realize that you have waited for so many things in your life that never showed up!**

Act on your desire in order to get to where you want to be. Waiting will not do it. The best men are not those who have waited for chances, but who have taken them, and made chance the servitor. It is better to act first and apologize later than to seek permission first. We often wait for the feeling to be right first, before we take the action we know will bring us satisfaction. **The feeling of satisfaction only comes from accomplishment,** not from pondering and procrastinating. Take immediate action, not out of fear or to force things to happen, but because the next action you take brings you one step closer to your desire and you will see tremendous results come into your life.

Sometimes opportunity knocks but sometimes you must knock. If you truly desire what is behind the door, you will knock until it opens. **Sometimes you may even have to break down the door to get through to what you want.** The difference between using the force out of power and using the force out of fear, doubt or worry, is that when you are powerful, you know what it is you are doing and are doing it powerfully. It doesn't feel forced but liberating to you.

As soon as you know your desire, have asked for it, and are experiencing it in your mental world, you must then take steps towards it and allow the universe to manifest your desire into your physical reality. **Although the universe will bring into your physical reality anything you ask for, it will accelerate the process greatly if you also take physical action towards your desires.** This does not of course mean that you physically have to go out there and do everything yourself. You simply have to **take positive steps in the direction of your desire which reinforces your claim that it already exists in your present reality.**

The vibrations of your physical actions also firmly impress upon your subconscious mind your total commitment to realizing your desires. If you have your subconscious mind as well as your conscious mind influencing all the energy of reality in the direction of bringing the object of your desire into your physical reality, it will be much more powerful and your desires will manifest sooner as a result. Reality creation happens through metaphysical and physical means. Both intention and action are necessary for creating what you want.

For example you wish to manifest a new house, you should take positive actions to physically go out and look for one. You do not have to worry about whether you can afford it or not, that would be a negative emotion resulting in the negative influence of energy. Anyway the realization of your house is not your concern, **it is for God and the universe to take care of the manifestation of your desires into your reality.** Manifestation is a balance of taking action and letting it happen. Perfect manifestation is a combination of intention and detachment.

In the case of your new house, the very act of physically going out and looking for the house of your desires will not only project the positive **energy of intent,** but will also produce other emotions such as excitement and expectation all of which will add to the net effect of positive energy in realizing your desires. **The more you physically take steps in the direction of your desire, the more positive emotion you will generate and the more you can integrate the object of your desire as part of your being.** The more powerful also will be the effect, and the sooner you will be able to realize it within your physical reality. That's the reason to act as if your desire is reality.

Massive action results in massive manifestation. The more you want something the more focused you must be in your actions towards getting it. **The bigger and the more frequent the action you take, the better it is but take some sort of action you must.** Never wait until tomorrow, because the next day you will

defer until tomorrow again, and you will never take that important first action in the direction of your desires.

Gratitude attracts More of What you Desire

Gratitude does not need explanation, you know how to be grateful. But **did you know that gratitude brings you more of what you appreciate?** Gratitude speeds along the manifestation of your desires. Gratitude attracts what we desire. The universal law of attraction says that we will attract into our life the things we think about and focus on. **When you are consciously aware of your blessings, and are grateful for them, you are focusing more clearly on what you do want in your life and are attracting more of those things into your life.** Gratitude is a very powerful emotional energy that you must project in the course of manifesting your desires.

When you find things that you appreciate and you use them as your point of focus, your world has to get better in every area of your life. **Every time you flood your mind with appreciation or gratitude you attract more of what you desire.** Look around you right now. What can you be grateful for? Get into the authentic feeling of true gratitude. Find something, anything, to be grateful for right now. **When you are grateful, you're in a high energy vibration that will attract more things to be grateful for and more good things will come to you magically, drawn in by your feelings of gratitude.** The emotion of joy attracts conditions of joy.

Gratitude sends out the message that you already have what you desire. You must always at all times think in terms of already having the object of your desire in your physical reality. Along with those thoughts should be the feeling of the most intense gratitude for what you have already received from the universe. **Gratitude makes the object of your desires a real, tangible aspect of your own reality, and the more real it is to you the sooner it will manifest into your personal experiential reality.**

Gratitude conveyed with genuine sincerity brings you more into harmony with the universe, and with it you become an even more natural creator of your desires. Those people who are completely aligned with the Universe, The Source, God are natural creators who live what seems to others like a charmed, magical life, instantly manifesting anything at all into their own reality. Such people are true Magicians, wizards and creators, and nothing is impossible to them.

Never take anything at all for granted. Always feel deeply grateful for everything that happens in your reality, regardless of whether you consciously attracted it or whether you perceive it to be positive or negative. In the grand scheme of things everything that manifests into your physical reality is directly for the benefit of your own personal evolution, and you should be most grateful for it whether you consciously brought it into your own reality or not.

Watch how you respond to the little that you receive. Do you feel dissatisfied thinking that it's nothing? When you think of something as nothing, it becomes nothing and you attract more of nothing in your life. But **when you rejoice and give thanks as if the little were a big deal, it starts to become a big deal.** When you give thanks for something, you bless it. It becomes better in quality and quantity until it builds up as a flood of abundance flowing into your life. Give thanks for everything.

Being deeply grateful also helps to ensure that you never convey the energy of dissatisfaction, which is a very negative energy, and therefore from a physical perspective a very destructive emotion. Dissatisfaction, ungratefulness or unhappiness will send the wrong energy into the universe, which will in turn react with reciprocating those negative emotions with more of the same. So whatever you feel dissatisfied, ungrateful or unhappy about will appear into your physical reality even stronger than ever, creating a vortex of negative energy with corresponding negative effects. Negative emotion is only meant to compel you to take correct action to change the situation. It will only become worse if you only feel those emotions but do nothing about it or worse, take the wrong actions to make the situation worse off than before.

Conversely, those things that you feel extremely satisfied, grateful and happy about will create a much higher, positive vibration, attracting more of the same into your life. The universe always naturally moves in the direction of expansion and evolution, and never of contraction or destruction, so positive emotions

are always much more powerful than negative emotions even though they are both energy with corresponding effects. There is a difference between saying “I wish I had more” and “I wish to have more.” The former comes from a state of unhappiness but the latter comes from a state of happiness, while desiring more.

What you give thanks for multiplies. Bless the little and the little becomes a lot. What you appreciate, appreciates in value. What are you are happy about flourishes. When you feel good, you would do things that would produce positive results. **The more good emotions you feel, the more positive actions you will make and therefore create more happiness in your reality.**

If you choose to use prayer to help create the things you most desire in your life, then you must pray in the right way. A prayer that begs, pleads, wants, or wishes for things, will produce the experience of you begging, pleading, wanting, or wishing for those things. Never beg or want for anything. This request is a **statement of lack which produces the experience of you wanting the thing you desire**, not having it. **The most powerful prayer is a prayer of gratitude.** Thank God in advance for those things you wish to create because, in essence, **they have already been created in thought.**

The biggest key to creation is thankfulness in advance. To be grateful before, and for, the creation. It is the sure sign of mastery. All masters know in advance that the deed has been done. **To feel sincerely grateful is to be in tune with the universe and with the truth that everything you truly desire is already provided.** An attitude of gratitude is the key to ultimate success. Why? Because the more grateful you feel for what you have, the more the universe wants you to have. An attitude of gratitude opens the floodgate for more to come into your life.

Giving thanks is the same as giving anything else. Do not give for the sake of getting. When you do so, you will be giving with the vibration of lack instead of abundance. Do not give thanks in order to get something. **Be thankful because you are thankful.** Be thankful because you know you already have what you desire. What you want is already created in the nonphysical plane and therefore it cannot fail to come through. It is the same as giving. You do not give in order to get. You give because you love. But give knowing that you will receive more from other sources in order to give more. **Be thankful knowing that you will get more of what you are thankful for.**

The most important and powerful emotion of all which is also the emotion behind all creation is love, unconditional love. The more emotion you can infuse your conscious creation with, the more successful you will be in manifesting it and sooner. Not only that, but if you can maintain these high states of emotion, you will find your life will be “magically” and “miraculously” transformed. The natural state of the universe is a constant flow of “Well-Being”. As humans, aspects of the divine, we can either allow the flow of Well-Being, or deny and block it. Negative emotions are contractive and will block Well-Being. Positive emotions, in particular unconditional love will open us up to the flow of abundance of the universe. **When you are in a state of gratitude, you are in a state of receiving God’s love.**

The key is to be grateful before you have manifested your desire because from that space your gratitude prayers bring in the energy which will soon materialize into your dreams and desires. **The secret to getting what you want is to totally appreciate this moment.** When you are grateful for this moment, then whatever is next for you will emerge out of this moment. You’ll be inspired to take action of some sort that will lead you up. But **the only way to get to the next level is to live in this moment with gratitude.** Be and feel grateful for everything. You will amaze yourself as you miraculously manifest more and more of what you desire in your life.

Bless every experience. See the silver lining in everything. Blessing **every event, even the so called bad ones sends positive energy into the universe to recreate the negative experience into a positive one.** Why? Because by blessing a negative event, you are putting positive thoughts about the event into the universe and positive thought energy creates positive outcomes. **When you bless something, it’s effect on you becomes good instead of evil.** That is why it is good to bless your enemies.

When you focus on the good, it creates positive emotions in you which attract positive conditions in your

life. Always believe that whatever is happening is actually a good thing, especially in the bigger scheme of things. Rejoice continuously. Be grateful in advance for that which you choose to create, and bless everything, and your life will truly be a blessing for you and for others.

Doubt is Main Cause of Failure in Anything

The biggest reason why we have bad experiences and failures in any area of life is doubt. We doubt when we worry and fear. That is what causes all the failures in our work, marketing, business, relationships, health and everything else. Do you know why? Because we become what we think about most. All actions are effects and the only cause is thought. Worrying is using your imagination and emotion to create something you do not want. Worry and fear is unbelief. Our beliefs create reality. Unbelief is actually belief in the opposite of what we desire to create. When conflicting beliefs exist, we sabotage our reality creation. That is why we fail to manifest what we want.

Through the process of manifesting your desires, you may encounter situations where you still haven't got what you wanted at a time you expect to get it, and you start to question and doubt that what you're doing works. When you think "why isn't this working yet" or "why hasn't it happened yet", you are moving away from your desire. When you have negative feelings of fear, worry or doubt, all you have to do is stop in that moment and change your focus onto what you want. You must do it in that moment and not later.

Focus on what you desire only. Do not focus on your fear of not getting it. If you believe that something won't work or doubt it, then you will push the things you want away from you. Some people try visualizing and affirming what they want for a moment but then they spend the rest of the time undoing their reality creation by worrying, doubting and focusing not yet having what they want. Your belief that you can't have what you really want will be created in your life as that thought energy goes to work to make sure you don't get what you want.

The more you focus on what you want, the more you move towards what you want and the thing you want also moves towards you. When you are not thinking about what you want, you are in neutral. However, if you start to fear not getting what you want, or start thinking about the opposite, then you start to move away. When you start worrying, fearing, doubting that you can have what you really want, then you put the you in "reverse" and move away from the things you most desire. You are not only moving away mentally but also physically when your thoughts of doubt cause you to take actions out of doubt.

Simply intend, believe and be grateful because you know it is being taken care of. Then leave it and move on to the next thing. This not only saves you from failure, but it frees you so much time to intend so many more things instead of spending hours worrying over that one thing. The reason why you experience confusion in life is because you think about what you want and then you think or feel something apart from it. This creates confusion in your mind which attracts more confusion into your reality.

Cast all your cares to the Lord for he cares for you. Do not have a care in the world. Detachment has been proven to work over and over. Worry and fear has been proven to destroy over and over. According to research done at Spindrift Foundation on the power of prayer, a "thy will be done" prayer gets more than twice as many results as a specific "give me this" prayer. That's why it's so important to end your request for anything you want with the words, "this or something better."

You attract what you think about, so if you are always worrying about money, even though you wish to be wealthy, you will ultimately attract a lack of money into your life. However, if you are thinking about yourself enjoying grand wealth and affluence long enough, without conflicting thoughts of poverty or money worries, you will attract wealth into your life. The same goes for any area of your life. You have to focus on thinking about the presence rather than the absence of the thing you want.

Resistance stops the flow of energy. Resistance is the cause of stress. Resistance is like trying to drive with the brakes on. When you stop the flow of energy, you stop action, or you require tremendous amounts of energy to enable action. If you think of any goal you would like to achieve, you will notice certain feelings of resistance in your body. Worry, fear and doubt is resistance. Free of resistance, it is possible to accomplish great things with ease and effortlessness.

Don't get discouraged if you start to doubt or worry from time to time. That is natural. You don't have to

think about what you want 100% of the time. **If you think about what you want more than what you don't want, you'll get what you want.** The question is degree. If 60% of the time you think about your desires, and 40% of the time you are in worry or fear, chances are you will eventually get what you desire. But if you think about what you desire 80% of the time and only go in fear 20% of the time, you get there much faster and easier. **The Law of Attraction always yields to you the essence of the balance of your thoughts.**

Attraction minus Repulsion = Rate of Manifestation.

If you find yourself at times doubting or fearing. **Just get yourself back on track by focusing on what you want, on what you desire, not on what you fear.** Think about how it would be like if your desired situation already exists and start acting like it. Let go. Focus only on what you know and can, and leave the rest to the Source, God and the Universe. If you don't, you only get in your own way. Let go and enjoy! Focus only on that which you can do. And the only thing you can effectively do is intend and enjoy Now. **Focus on the Now, and you will start having inspiration instead of worries.**

Law of Probability and Manifestation Success

You have no doubt in your mind that you create your experiences. The only doubt you may have is the extent to which you are in control of the creation of your own experiences. **The law of probability is that the more possibilities and options you include, the lower the chances will be for a particular outcome to happen.** The secret of success is focus, concentration, having a sense of certainty and clarity, and making a firm decision. **Success is about narrowing down a field of possibilities in order to manifest a single choice.**

If you focus on one thing and one thing only, everything unlike it disappears and only that which the focus have been placed upon manifests. The challenge for most people is that they focus on what they desire but change their mind often. **The reason why you change your mind is because you doubt if the choice you have in mind is the best one, or you doubt the outcome will be what you expect it to be.**

If you had seven stones of different colors each in a box, the chances of you picking a particular color is one out of seven. If you had three stones, the chances would be one out of three. If there was only one stone, the probability would be a hundred percent. No matter what the circumstances are, you will always end up with that color because that is the only one in the box. Same with life. **You will always end up with the desire you want to manifest in your life if you focus only on that desire.**

That being the case, **what is it that keeps adding probabilities** that get in the way of manifesting a particular desire? **Doubts.** When you start doubting and changing your mind, you are adding more probabilities into the probability pool. When you alter focus towards other possible scenarios, you are adding more probabilities into the equation which lowers your chances of success. What fuels doubts? Advertisements, media, junk television and radio, spending time with the wrong people, etc. That is why it is imperative that if you want to achieve single focus, **you must feed your mind constantly with the kind of thoughts and influences that are supportive and congruent** with whatever it is you intend to manifest.

You need to get clear about what you certainly want. Once you have clarity of intention, you must not change your mind until that which you want to create have manifested. **You have to keep choosing the same thing so that you can stay with it long enough for it to be created.** Decide and be firm in your decision. Believe only in the realization of your particular choice. Choose to focus only on your desired reality. You should consider no other possibilities and options apart from the one you have chosen. **The beauty of how the universe works is that you always end up receiving something far much better than what you have originally intended.**

Look at your thoughts of problems. They are all memories or worries about something in future that has not even happened yet and can very well be avoided if only you stopped worrying. Fears and worries affect your reality timeline. **If you want to land on your desired future timeline, you should stop worrying and focus on what you want.**

Focus on where you are making money and not where you are losing it. Focus on areas where your relationship is going well and not on where it isn't. Of course you can think of the negative things in order to be aware and make positive changes, but your focus is still on what you want and are happy about. **Even if you have ninety nine things that are not going well for you but you focus only on the one thing that is going well, the rest of the things will have to change.**

Ask in faith, nothing wavering. For he that wavers is like a wave of the sea driven with the wind and tossed. Let not that man think that he shall receive anything from God. Whoever speaks unto a mountain to be removed and cast into the sea, and **does not doubt in his heart,** but believes that what he says will come to pass, he shall have what he says. Whatever things you desire, when you pray, believe that you receive them, and you will have them.

A goal set with certainty is already accomplished, and because it is, **all the miracles necessary for its manifestation are already set and will happen in good time as long as you do not get in the way.** If you

start wondering, doubting, worrying and fearing, you are getting in your own way.

There is a world of difference between “believing” and “knowing”. **When you “know” the truth about anything, there is no doubt.** You have one hundred percent confidence. Trust that your intentions are already a reality on the non-physical plane of consciousness, and that they must manifest in your physical reality if you do not hold any opposing thoughts. And then, **act as if your intentions are reality, now.**

Law of Detachment - Flowing with God

There is another Law in conscious creation of reality that is as equally important to understand as the Law of Attraction. It is the **Law of Detachment**. It is this Law that gives the crucial distinction in utilizing the Law of Attraction successfully. **The Law of Detachment is complimentary to the Law of Attraction.**

The Law of Detachment says that in order to successfully attract something, you must be detached to the outcome. If you are attached, you project negative emotions of fear, doubt, or craving which actually attracts the opposite of your desire. **You are operating from a position of worry, fear and doubt rather than serenity, trust and faith.** Of course there are times when negative emotions are meant to be felt and acted upon, but your dominant emotions should be positive ones.

Let go and let God. Anything you want can be acquired through detachment, because **detachment is based on resting in the complete grace of God and knowing that He is always working everything through you and together for your greatest good.** To be detached is to realize that **everything good is from God and nothing at all is from you. It is God doing it through you and the other elements in your reality** so there's nothing to hold on to as your own, all you have to do is to have the right beliefs and let God do it.

Ease and perfection of action depend entirely upon the degree in which we cease to depend upon the consciousness. You have to take your conscious mind off it in order to let your subconscious mind take over. The pilot and the autopilot cannot control the plane at the same time. **You have to let go in order to let God take over.** To detach is to allow the universe to bring your desire intomanifestation whichever way is best for you. **When you are detached, your desires will manifest much faster.**

To be attached means to be powerless because what you attach yourself to, you give your power to it. When you look to outside sources to bring you fulfillment, you are giving your power away. When you are looking to something outside yourself for power and happiness, you are making something other than your true self your source. **Detach knowing that whatever you detach from has no power over you, but you have complete power over it.**

Attachment to anything will always create insecurity no matter how much of it you have. In fact, some of the people who have the most of what they want are the most insecure. Attachment to something makes you wonder if you will keep having it or if you may lose it. **Insecurity causes unhappiness.**

The search for security and certainty is actually an **attachment to the known.** There's no evolution in that, absolutely none at all. And when there is no evolution, there is stagnation, entropy, disorder, and disintegration.

Uncertainty and the unknown is the **field of all possibilities** or pure potential. It is ever fresh, ever new, always open to the creation of new manifestations. It is the realm of pure creativity and freedom. When you are attached, your intention gets locked into a rigid mindset and you lose the fluidity, the flexibility, and the spontaneity inherent in the **field of pure potential.**

When you experience uncertainty, you are on the right path so don't give it up. You don't need to have a complete and rigid idea of what you'll be doing next week or next year, because **if you have a very clear idea of what's going to happen and you get rigidly attached to it, then you shut out a whole range of possibilities.** Realize that there is an infinite intelligence working alongside your own and it is the one that can bring you a better way or more worthwhile experience. All you have to do is **state your intentions and desires and detach from the how and when they manifest.**

Are there times when you want to work something out, but yet the more you try to work it out, the worse it gets? When God works, it is effortless. God arranges the situations for you when you are not in it, so that when you step in, you experience the blessings. It is so much better to depend on God than to depend on

your own strength. Unless the Lord builds the house, they that labor do so in vain. **What you can control, you should control.** What you can't control, you should let go and let God. **When you trust God, everything is under control.**

God will never deny our request because whatever we want for ourselves we can manifest. But to **experience nonresistance and effortless accomplishment, we must surrender to the will of the Universe who only wants for us nothing but the best** for we are the beloved children of the Creator who wants us to have it all. As Jesus reminds us, "it is your Father's good pleasure to give you the kingdom."

You may have the intention of going in a certain direction but between point A and point B there are infinite possibilities. With uncertainty factored in, **you might change direction in any moment if you find a higher ideal, or something more worthwhile pursuing.** You are also less likely to force solutions on problems, which enables you to stay alert to opportunities. One door seems closed, but there is another open. What you want can always come in another way. **God never closes a door without opening another one, so we need to stay alert to see whatever new opportunities life presents us.**

Imagine you found a job you're looking for. It looks like the job you want, and it appears the odds are in your favor as you move from interview to interview within the office, yet at the last minute they choose to hire someone else. **If you are detached then you trust that another opportunity, the right opportunity is on its way.** However, if you are so attached to getting that job for whatever reason, you cause yourself lots of anxiety and stress if you don't get it, which means you are looking for this job as an outside source to fulfill you on some level.

The Law of Detachment accelerates the whole process of evolution. When you understand this law, you don't feel compelled to force solutions. **When you force solutions on problems, you only create new problems.** But when you wait patiently and in faith, the right solution will arise on its own. Confusion is the doorway to a new understanding. Order will emerge from the chaos.

We must have goals otherwise we are denying our inner desires, cutting ourselves off from growth and development. Goals inspire us to live, create and move forward. If we are not doing this, we are dying on the inside. We want to embrace desires and intentions but we just don't want to cling to them. Of course, we all want to realize our goals and desires, however if realizing them is the source of our well-being, the source of our happiness or worthiness we will fail!

We have all heard of or know the classic stereotypes called overachievers who appear to have it all, the money, the fame, the status, only to be miserable on the inside. They've been setting and realizing goals all their lives, and are still miserable.

This is why detachment is so crucial. When you don't have to have this thing in order to be well, or be happy, then you can **let go and enjoy the process.** Understand it is the process that is the joy, because the minute we realize our goal, we are going to be setting new goals. **There is no realization of any goal that is going to be the completion of us, once we realize one goal we are going to keep moving forward, we are evolutionary beings.** I am sure you have all experienced this. There is no way that the realization of goals is the source of our peace of mind or wholeness.

The purpose of life is growth. Life without progress becomes unbearable. **It is the cycle of continuous progress that makes us happy.** We are Energy Beings and energy is always in motion. To live is to keep moving and flowing. When we stop we die. Nothing rests, everything moves. **Only at the highest rate of movement where God is flowing continually in us is there rest.**

We learn from the law of attraction that all we experience is the result of what we feel. When we feel undesirable feelings, we attract undesirable experiences. **Realize that when we feel undesirable feelings, it is because we are in a state of attachment to certain things that create those feelings.** Break away from the attachment, stop worrying and bothering about it. **Have not a care, act like it doesn't matter and your feelings will be liberated to more positive ones of fun, joy and peace.**

The truth about States in NLP is really all about being in or out of alignment with your Higher Self. When you are in alignment, you experience all your desired states such as happiness, confidence, freedom, joy, peace, fulfillment, empowerment. When you are not in alignment, you experience all your undesired states such as worry, fear, anxiety, uncertainty, weakness, frustration, depression and disempowerment. So in essence, there are only two states, a state of alignment and a state of misalignment.

The Higher Self is the divine and universal aspect of God in us. Paul says "in my flesh wells nothing good", but not "in my spirit". Our spirit is the universal spirit of God. The image of God.

No one else can take the place of your center except two persons. Christ in you and you in Christ. Anyone else that is close the center of your heart can only be allowed to orbit around the center and not placed in it. You are not to be attached to anyone or anything. To be in a state of non-attachment is to be like God. God is unattached to everything, he allows his creation to be free. If it wasn't so, He wouldn't give anything free will.

Have not a care in the world. Be free spirited and carefree. Have fun, play the game. Remember there are no rules and there are no limits. Just have the attitude of doing something and then seeing what happens. Be in a position where you have nothing to lose. We are beings of evolution. It doesn't matter whether the past experience was good or not. Keep moving on to the next one.

Some of the best things you desire just seem to happen to you when you are in a total "I don't give a damn" mode. And while it is happening, it is no big deal to you and it doesn't matter. But you acknowledge the paradox of what's going on in the situation, that you get what you want when you don't really seem to want it.

Be insistent yet detached. You focus on what you want, expecting it to happen and even when it didn't happen, it doesn't matter. Have a detached involvement. There is a fine line between caring in a detached way and being truly uncaring. Just like there is a fine line between perfect good and perfect evil. Because the opposite ends of a polarity spectrum are really just next to each other.

Detachment does not mean we feel nothing. Detachment is not apathy or indifference. Detachment feels freeing! When we are successfully detached from the outcome we feel like the Universe has our back, like all is well, like we can trust in our greater good, like we are absolutely certain that all that we desire is already ours. It is essential to intentional creation to get into a feeling place of peaceful expectation that what we want is already at hand. As long as we are 'attached' we will continue to focus on the negative aspects of what we don't want and the fears that come up as we doubt our ability to manifest.

Do not engage in something if it is the only option you feel you have. You are being attached. You will be disappointed and mentally shifted out of alignment with your center, if the thing you want to do is not available for one reason or another at the time you want to do it. Create several other good options to take on in place of it at the time as well before you choose to engage in it. When you go ahead and do it in that manner, you will most likely get what you want because your energies are right.

Enlightenment is a state of non-attachment. It is the realization that all suffering is burning energy on the uncontrollable. To be unattached is emotional freedom and psychological stability. Keep you thoughts flowing. As long as there is flow, there is abundance. The moment you rest at any place, you stagnate and there is lack.

We are beings of evolution. When we accomplish goals, we set new goals. We either progress or regress, we never stand still. We feel like we are dying if we are not growing, and collapsing if we are not expanding. When you keep advancing, your intelligence and knowledge will be in effect. When you become attached, your intelligence and knowledge will be of no effect.

To be in grace is to live in the truth that all things flow from God through you and so there is nothing to cling on to as yours. To be under the law is to be enslaved by the yoke of bondage which is attachment. To be attached is to fall from grace because you are trying to hold on to emptiness and are no longer

flowing. When you are attached, Christ your Higher Self is of no effect unto you. **When you are detached, you acknowledge that you are using God's power and not your own.**

The more you are unattached, the more you **allow God to flow in you** and the more rapidly your desires will manifest because **your Energy and vibrations are more aligned with the flow of God's Energy** and therefore that which you desire in your life.

It is an enlightened way of living your life. You have to let go and trust that life itself is taking you to the things you desire. As you let go and trust, **you feel different, you radiate a different vibration to the world,** and better things and experiences come to you Again, **the whole secret is in learning to simply let go.**

Learn to follow the quiet voice within that speaks in feelings rather than words. Follow what you hear inside, rather than what others may be telling you to do. The universe itself will act to move you to what you want, and move what you want to you. **All you have to do is let go, while acting on your inner prompts.** Let go of fear, doubt, worry, disappointment, and any other negative emotion that might make you feel low.

Being unattached gives you the ability to drop whatever it is you are focusing upon at the moment and focus on something new. It makes you able to switch your concentration from one thing to another. It keeps your consciousness in flow and not fixed at any spot so it can be free and spontaneous in **experiencing unfoldment.**

Effectively applying the law of attraction requires both desire and acceptance. **Practicing the law of detachment is how we can accept and expect what we desire.** The two laws work harmoniously to support us in effectively applying the power of our minds and the universal laws of creation.

Every problem you experience in life is an opportunity for you to gain precious awareness that you do not already possess. A problem is an experience with a lesson to learn. **The lesson contains the valuable awareness that will increase the sum total of your soul's knowledge, that empowers you to a greater level of living and being.** The key to learning the lesson is in perception and lateral thinking. Be flexible and have an open mind. **You will find the solution that you are happy with.**

We are all instruments of God whether yielded or unyielded. When we are yielded, we are of more use and become more powerful instruments and also enjoy the process with greater happiness. Do not care, just surrender yourself to the flow of God. It is flowing all the time and when you are ready, it will flow through you. When you are detached, you are trusting and surrendering to God. **Anytime you are not detached, you are not trusting, not surrendering and not yielding to God.**

The law of detachment explains why productivity increases when a person takes frequent breaks from work. Being able to constantly walk away from what you are doing puts you in a state of rest and thereby able to continuously reconnect with the flow of God by keeping your **energy in motion and your mind afresh.** You may have stepped out from the flow for a while and feel lost and break in momentum, but the flow is always there and **you can step back into it again and it will be perfect.**

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